

chinese herbal medicine materia medica by dan bensky

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GMT chinese herbal
medicine materia medica
pdf - A herbal is a book
containing the names and
descriptions of plants,
usually with information on
their medicinal, tonic,
culinary, toxic,
hallucinatory, aromatic, or
magical powers, and the
legends associated with
them. Herbal - Wikipedia -
The lingzhi mushroom is a
polypore mushroom
belonging to the genus
Ganoderma. Its
red-varnished,
kidney-shaped cap gives it a
distinct appearance.
Lingzhi mushroom -
Wikipedia -

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